

WEEK ONE

MONDAY

CARIBBEAN

Mild Caribbean Chicken, Coconut and Pineapple Curry
Wholegrain Rice
Garlic and Lime Corn on the Cob



DEEP SOUTH DINER

Choose a main: New Yorker Quorn Dog v OR Halloumi & Roasted Vegetable Wrap v
Sweet Herby Crushed New Potatoes
Chop Chop Salad



SPEEDY ITALIAN

Veggie Supreme Pizza v
Speedy Pasta v
Margherita Pizza v



TUESDAY

CHINESE

Aromatic Soy Pork with Egg Noodles
Wok Tossed Oriental Vegetables



WINGS & THINGS

Choose a main: Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco OR Veggie Quarter Pounder v
Cajun Wedges
BBQ Slaw



SPEEDY ITALIAN

Bacon Pizza
Speedy Pasta v
Margherita Pizza v



WEDNESDAY

MEXICAN

Chicken and Bean Enchilada
Sour Cream Mashed Potatoes
Sweetcorn



DEEP SOUTH DINER

Choose a main: Ultimate Beef Burger OR Lentil, Pepper & Sweetcorn Sloppy Joe v
Paprika Wedges
Beetroot, Carrot & Apple Salad



SPEEDY ITALIAN

Hawaiian Pizza
Speedy Pasta
Margherita Pizza v



THURSDAY

INDIAN

Beef Keema Balti Curry
Cucumber Raita
Naan Bread



WINGS & THINGS

Choose a main: Chicken Thigh Flatbread Wrap with Lemon & Herb or Piri Piri OR Quorn & Mushroom Burger v
Red Onion and Cheese Loaded Skins
Caesar Salad



SPEEDY ITALIAN

3 Cheese Sicilian Pizza v
Speedy Pasta v
Margherita Pizza v



FRIDAY

BRITISH

Battered Fish Fillet
Chips
Peas



DEEP SOUTH DINER

Choose a main: Cajun Pulled Pork & Bean Pitta OR Veg & Bean Quesadilla v
Chips
Pineapple Coleslaw



SPEEDY ITALIAN

Veggie Hot One Pizza v
Speedy Pasta v
Margherita Pizza v



we SERVE

a selection of delicious baguettes, paninis, toasties and sandwiches and NEW exciting salad pots every day.
Fruit, Yoghurt & Granola Pots are Available to Enjoy Daily.

Look out for MUNCH – our mid-morning break off er available for you to enjoy Monday-Friday

All meals From £2.00

Chartwells
EAT LEARN LIVE

WEEK TWO

MONDAY

BRITISH

Cheese, Tomato and Pot Bake v
Broccoli



DEEP SOUTH DINER

Choose a main: Sweetcorn Veggie Burger v OR
Veggie Chilli Tacos v
Crushed Sweet Potato
Red Slaw



SPEEDY ITALIAN

Veggie Hot One Pizza v
Speedy Pasta v
Margherita Pizza v



TUESDAY

MEXICAN

Baked Beef Chimichangas
Wholegrain Rice
Streetcorn Salad



WINGS & THINGS

Choose a main: Chicken Mayo Burger OR BBQ Pulled Quorn Wrap v
Paprika Wedges
BBQ Beans



SPEEDY ITALIAN

Chicken Supreme Pizza
Speedy Pasta v
Margherita Pizza v



WEDNESDAY

BRITISH

Twice Cooked Pork Belly"
Roast Potatoes
Braised Red Cabbage and Carrots



DEEP SOUTH DINER

Choose a main: Deep South Burger OR Sweet Potato & Black Bean
Enchilada v
Baked Garlic & Herb Wedges
American Style Slaw



SPEEDY ITALIAN

Veggie Supreme Pizza v
Speedy Pasta
Margherita Pizza v



THURSDAY

JAPANESE

Chicken Katsu Curry
Rice Noodles
Pickled Cucumber Salad



WINGS & THINGS

Choose a main: Roast Chicken Wings Brushed with Sticky Tabasco or
Lemon & Herb OR BBQ Quorn and Vegetable Skewer v
Garlic Bread
Corn on the Cob



SPEEDY ITALIAN

Bacon Pizza
Speedy Pasta
Margherita Pizza v



FRIDAY

THAI

Sweet Chili Salmon Wrap
Battered fish Fillet
Chips
Peas



DEEP SOUTH DINER

Choose a main: BBQ Pulled Pork Burger OR Quorn Sausage Pattie &
Cheese Bun v
Chips
Apple Slaw



SPEEDY ITALIAN

Sicilian Cheese & Tomato Pizza v
Speedy Pasta
Margherita Pizza v



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EAT LEARN LIVE

WEEK THREE

MONDAY

INDIAN

Chickpea and Tomato Masala v
Wholegrain Rice
Green Beans



TUESDAY

CHINESE

BBQ Mandarin Pork
Beggars Noodles
Stir Fried Vegetables



WEDNESDAY

MEXICAN

Beef Barbecoa
Baked Garlic & Herb Potato Wedges
Broccoli and Sweetcorn



THURSDAY

THAI

Thai Red Chicken Curry
Lime and Coriander Rice
Crunchy Vegetable Salad



FRIDAY

BRITISH

Battered Fish Fillet
Chips
Baked Beans



DEEP SOUTH DINER

Choose a main: Chilli Beef Nachos OR
Black Eyed Bean Veggie Burger v
Paprika Wedges
Corn Slaw



WINGS & THINGS

Choose a main: Roast Chicken Wings Brushed with Lemon & Herb or
Sticky Tabasco OR Loaded Triple Mac 'N' Cheese v
Carnival Rice
Southern Greens



DEEP SOUTH DINER

Choose a main: Quorn Cheese Burger v OR Cauliflower & Creamed
Corn Bake v
Baked Garlic & Herb Wedges
BBQ Beans



WINGS & THINGS

Choose a main: Smoky BBQ Chicken and Boston Bean Wrap OR Grilled
Piri Butternut & Halloumi Skewers v
Tomato and Herb Rice
Sweetcorn Fritter



DEEP SOUTH DINER

Choose a main: New York Hot Dog OR Black Eyed Bean and Vegetable
Jambalaya v
Chips
House Slaw



SPEEDY ITALIAN

Veggie Hot One Pizza v
Speedy Pasta v
Margherita Pizza v



SPEEDY ITALIAN

3 Cheese Sicilian Pizza v
Speedy Pasta Margherita
Pizza v



SPEEDY ITALIAN

Mushroom & Sweetcorn Pizza v
Speedy Pasta
Margherita Pizza v



SPEEDY ITALIAN

Sicilian Cheese and Tomato Pizza v
Speedy Pasta v
Margherita Pizza v



SPEEDY ITALIAN

Cajun Chicken Sizzler Pizza
Speedy Pasta
Margherita Pizza v



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