

WEEK ONE

MONDAY

CARIBBEAN

Beef Jerk Wrap
Carnival Pasta
Sweetcorn



TUESDAY

CHINESE

Aromatic Soy Pork with Egg Noodles
Wok Tossed Oriental Vegetables



WEDNESDAY

MEXICAN

Chicken & Leek Pie
Mashed Potato
Sliced Fresh Carrots



THURSDAY

INDIAN

Beef Keema Balti Curry
Cucumber Raita
Naan Bread



FRIDAY

BRITISH

Battered Fish Fillet
Chips
Peas



DEEP SOUTH DINER

Choose a main: New Yorker Quorn Dog v Or Black eyed bean burger v
Cajun Wedges
Chop Chop Salad



WINGS & THINGS

Choose a main: Special Marinated Roast Chicken Drumsticks with
BBQ or Sticky Tabasco OR Smoky Cauliflower Cheese
✓ Garlic Bread
BBQ Beans



DEEP SOUTH DINER

Choose a main: Ultimate Beef Burger OR Sweet Potato & Squash
Stew
Paprika Wedges
Garden Peas



WINGS & THINGS

Choose a main: Lemon Piri Chicken Pitta
Or Veg & Bean Quesdilla , Red Onion and Cheese Loaded Skins or
Caesar Salad



DEEP SOUTH DINER

Choose a main: Cajun Pulled Pork & Bean Pitta OR Veggie
Quarter Pounder & Chips
Pineapple Coleslaw



SPEEDY ITALIAN

Veggie Supreme Pizza ✓
Speedy Pasta v
Margherita Pizza ✓



SPEEDY ITALIAN

Bacon Pizza
Speedy Pasta ✓
Margherita Pizza



SPEEDY ITALIAN

Hawaiian Pizza
Speedy Pasta
Margherita Pizza



SPEEDY ITALIAN

3 Cheese Sicilian Pizza
Speedy Pasta
Margherita Pizza



SPEEDY ITALIAN

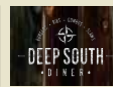
Veggie Hot One Pizza
Speedy Pasta
Margherita Pizza



We SERVE

a selection of delicious baguettes, paninis, toasties and sandwiches and NEW exciting salad pots every day. Fruit, Yoghurt & Granola Pots are Available to Enjoy Daily.

Look out for MUNCH – our mid-morning break offer available for you to enjoy Monday-Friday



Meal Deals from £2.00

Chartwells
EAT LEARN LIVE

WEEK TWO

MONDAY

BRITISH

Chicken Hakka Noodles
Broccoli



TUESDAY

MEXICAN

Baked Beef Chimichangas
Cajun Wedges
Sweetcorn Salad



WEDNESDAY

BRITISH

Roast Pork
Roast Potatoes
Seasonal Cabbage and Broccoli,



THURSDAY

JAPANESE

Chicken Katsu Curry
Pineapple Rice
Pickled Cucumber Salad



FRIDAY

THAI

Battered Fish Fillet
Chips
Peas



DEEP SOUTH DINER

Choose a main: Chicken Mayo Burger OR Halloumi & Roasted Vegetables Wrap v Paprika Wedges American Style Slaw



WINGS & THINGS

Choose a main: Cajun Chicken with Salsa OR Boston Bean Casserole Whole grain Rice Red Slaw



DEEP SOUTH DINER

Choose a main: Beef Burger OR Sweet Potato & Black Bean Enchilada Baked Garlic & Herb Wedges BBQ Baked Beans



WINGS & THINGS

Choose a main: Chipotle BBQ Pork OR BBQ Quorn and Vegetable Skewer Garlic Bread Corn on the Cob



DEEP SOUTH DINER

Choose a main: Marinated Roast Chicken Wings or Drumsticks with Bbq or Sticky Tabasco OR Quorn Sausage Pattie & Cheese Bun Chips Apple Slaw



SPEEDY ITALIAN

Veggie Hot One Pizza
Speedy Pasta
Margherita Pizza



SPEEDY ITALIAN

Chicken Supreme Pizza
Speedy Pasta
Margherita Pizza



SPEEDY ITALIAN

Veggie Supreme Pizza
Speedy Pasta
Margherita Pizza



SPEEDY ITALIAN

Bacon Pizza
Speedy Pasta
Margherita Pizza



SPEEDY ITALIAN

Sicilian Cheese & Tomato Pizza
Speedy Pasta
Margherita Pizza



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EAT LEARN LIVE

WEEK THREE

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

INDIAN	Chicken Moly Mexican Yellow Rice Green Beans	
CHINESE	Curried Pulled Pork Flatbread Spiced Sweet Potato Crunchy Vegetable Salad	
MEXICAN	Beef Stifado Summer Cous Cous Lemon & Herb Courgette	
THAI	Chicken Pad Khing Broccoli	
BRITISH	Battered Fish Fillet Chips Peas	

DEEP SOUTH DINER	Choose a main: Beef Chilli OR Black Eyed Bean Veggie Jambalaya Garlic Bread Southern Greens	
WINGS & THINGS	Choose a main: Roast Chicken Wings Brushed with Lemon & Herb or Sticky Tabasco OR Sweet Potato Bean Burger Carnival Rice Corn Slaw	
DEEP SOUTH DINER	Choose a main: Quorn Cheese Burger OR Loaded Mac n Cheese Baked Garlic & Herb Wedges BBQ Beans	
WINGS & THINGS	Choose a main: Smoky BBQ Chicken and Boston Bean Wrap OR Sweetcorn chickpea Veggie Burger Paprika Wedges Chop Chop salad	
DEEP SOUTH DINER	Choose a main: New York Hot Dog OR Cajun Veg & Bean Burrito Chips House Slaw	

SPEEDY ITALIAN	Veggie Hot One Pizza Speedy Pasta Margherita Pizza	
SPEEDY ITALIAN	3 Cheese Sicilian Pizza Speedy Pasta Margherita Pizza	
SPEEDY ITALIAN	Mushroom & Sweetcorn Pizza Speedy Pasta Margherita Pizza	
SPEEDY ITALIAN	Sicilian Cheese and Tomato Pizza Speedy Pasta Margherita Pizza	
SPEEDY ITALIAN	Cajun Chicken Sizzler Pizza Speedy Pasta Margherita Pizza	

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