

THIS WEEK'S MMB Eats

Everyday faves!

FOOD UNION
BY CHARTWELLS

Week 1,2 & 3

	Hot Breakfast	Bagel & Toast Station	Bircher & Porridge	Cereal	Paninis, Subs, Toasties & Baguettes	Sandwiches	Pizza
MON	Bacon Baguette	Ham and Cheese Bagel	Bircher Muesli Strawberry	Corn Flakes	BLT	Cheese Sandwich (V)	Margherita Pizza (V)
	Bacon and Egg English Muffin				Chicken Mayo		
	Quorn Pattie, Cheese and Egg English Muffin (V)	Banana & Honey Bagel	Porridge		Tuna Mayo	Ham Sandwich	
	Bacon Bap	Porridge	Weetabix		Chicken and Bacon Sandwich		
TUE	Bacon Baguette	Toast with Spread	Porridge Topper - Sultanas		Ham Salad	BLT Sandwich	
	Bacon and Egg Bap	Toasted Crumpet with Spread			Cheese & Pickle	Egg Mayo Sandwich (V)	
	Quorn Pattie, Cheese and Egg English Muffin (V)	Toasted Bagel with Spread			Vegan Vege Ball Marinara Sub (V)	Chicken Mayo Sandwich	
	Vegetarian Sausage Bap (V)				Chicken Teriyaki Sub	Cheese Ploughman's Sandwich (V)	
WED	Bacon Baguette					Chicken Tikka Sub	Tuna Mayo Sandwich
	Bacon and Egg English Muffin		Ham and Chicken Melt Sub				
	Quorn Pattie, Cheese and Egg English Muffin (V)		Ham & Cheese Panini				
	Bacon Bap		BBQ Chicken Panini				
THUR	Bacon Baguette				Cheese & Tomato Sauce Panini (V)		
	Bacon and Egg Bap				Ham & Cheese Toastie		
	Quorn Pattie, Cheese and Egg English Muffin (V)						
	Vegetarian Sausage Bap (V)						
FRI	Bacon Baguette						
	Bacon and Egg English Muffin						
	Quorn Pattie, Cheese and Egg English Muffin (V)						
	Bacon Bap						

HOT BREAKFAST – ADDITIONAL COOKS

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Additional options</i>	Bacon & Egg Bap	Bacon & English Muffin	Bacon & Egg Bap	Bacon & English Muffin	Bacon & Egg Bap

SANDWICHES, SUBS, PANINIS, TOASTIES & BAGUETTES – ADDITIONAL COOKS & UPSSELLS

	Served Daily
Sandwiches Must Cook	Cheese Sandwich (V) Ham Sandwich Chicken and Bacon Sandwich BLT Sandwich
Additional options	Egg Mayo Sandwich (V) Chicken Mayo Sandwich Cheese Ploughman's Sandwich (V) Tuna Mayo Sandwich Vegan Cheese Sandwich (V)
Subs (Full Sized & Demi) Must Cook	Vegan Vege Ball Marinara Sub (V) Chicken Teriyaki Sub Chicken Tikka Sub Ham and Chicken Melt Sub
Panini and Toasties (Full Sized & Demi) Must Cook	Ham & Cheese Panini Ham & Cheese Toastie BBQ Chicken Panini Cheese & Tomato Sauce Panini (V)
Additional options	Chicken and Bacon Toastie Cheese and Bean Toastie (V) Tuna Melt Panini Chicken Teriyaki Panini Vegan Cheese & Tomato Sauce Panini (V) Vegan Cheese & Bean Toastie (V)
Baguette (Full Sized & Demi) Must Cook	BLT Chicken Mayo Tuna Mayo Ham Salad Cheese & Pickle
Additional options	Vegan Cheese & Pickle Baguette (V)

MMB – Additional Cook

	Served Daily
Additional Bagel & Toasted	BBQ Chicken Bagel Turkey, Cheese and Apple Bagel Jam Portion Toasted Teacake with Spread Toasted Cinnamon and Raisin Bagel with spread Toasted Multi Grain Bagel with spread
Additional Pizza	Cajun Chicken Sizzler Veggie Hot One Pizza (V) Mushroom and Sweetcorn Pizza (V) Vegan Margherita Pizza (V) Hawaiian Pizza

	Served Daily
Additional Porridge & Bircher	Bircher Muesili Chocolate and Orange Bircher Muesili Chocolate Porridge Topper - Banana Porridge Topper - Apricot

HEALTHY SNACKS – MUST COOKS & ADDITIONALS

	Served Daily
Healthy Snacks Must Cook	Fruit Salad Pot Pineapple Pot Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Humous Carrot Sticks with Humous
Additional Options	Watermelon Pot Fruit and Cherry Yoghurt Pot Crudité with Humous