

# THIS WEEK'S
















# Eats

Week One

Everyday faves!

FOOD UNION  
BY CHARTWELLS

	<b>Healthy Snacks and Bakery Served Daily</b>
<b>Healthy Snacks</b>	Fruit Salad Pot Pineapple Pot Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Houmous Carrot Sticks with Houmous
<b>Bakery</b>	Oat Cookie Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle
<b>Desserts – hot and cold options</b>	
<b>Cold Fruit Based Desserts</b>	<b>Warm Fruit Based Desserts</b>
<small>Fruit Based Desserts selected from the following:</small>	<small>Fruit Based Desserts selected from the following:</small>
Chocolate Slice Banoffee Pie Fruit Slice Peaches with Homemade granola & Yoghurt	Apple and Blackberry Pie served with Custard Apple Cracknell served with Custard Banana and Berry Cobbler served with Custard Peach Shortcake Crumble served with Custard Pear Upside Down Cake served with Custard Summer Berry & Peach Oaty Crumble served with Custard Apple and Cinnamon Strudel served with Custard
<b>Cold Desserts</b>	<b>Warm Desserts</b>
<small>Selected from the following</small>	
Vanilla Ice Cream Chocolate Ice Cream Strawberry Ice Cream Raspberry Ripple Blueberry Frozen Yoghurt Mango Frozen Yoghurt Strawberry Frozen Yoghurt Secret Brownie Carrot & Banana Slice Vanilla and Blueberry Blondie Raspberry Yoghurt Cake Peach Slice	Lemon Drizzle Cake Banana Marble Cake Baked Orange and Vanilla Rice Pudding

		Jackets	Pizza & Pasta	Hot Snacks	Paninis, Subs, Toasties & Baguettes	Sandwiches	Salad	
<b>MON</b>	<b>Sweet and Sour Chicken</b> with Wholegrain Rice and Sweet Chilli Broccoli	Baked beans (V)  Cheese (V)	Beef Bolognese Herby Tomato Pasta (V) 	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad	
	Vegan Chow Mein (V) with Sweet Chilli Broccoli 	Tuna Mayo Bolognese Salmon Mayo	Carbonara Pasta Margherita Pizza (V)	Tuna and Sweetcorn Pasta Salad				
	<b>Beef Burger or Feta &amp; Beetroot Burger</b> (V) with Baked Garlic & Herb Potato Wedges and Coleslaw 	Baked beans (V)  Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) 	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from			Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad
	Roast Turkey or Vegetable Pastry Slice (V) with Roast Potatoes, Carrots, Cabbage and Gravy 	Baked beans (V)  Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) 	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)			Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad
<b>WED</b>	Roast Turkey Yorkie Wrap	Bolognese	Margherita Pizza (V)					
	<b>Chicken Tikka Masala or Yellow Vegetable Curry</b> (V) with Wholegrain Rice and Sweetcorn 	Baked beans (V)  Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) 	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad		
<b>THUR</b>	Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or Dirty Fries (V) with Coleslaw 	Baked beans (V)  Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) 	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad		

# THIS WEEK'S

# Eats

Week Two

Everyday faves!

	<b>Healthy Snacks and Bakery Served Daily</b>
<b>Healthy Snacks</b>	Fruit Salad Pot Pineapple Pot Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Houmous Carrot Sticks with Houmous
<b>Bakery</b>	Oat Cookie Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle

Desserts – hot and cold options	
Cold Fruit Based Desserts	Warm Fruit Based Desserts
Fruit Based Desserts selected from the following:	Fruit Based Desserts selected from the following:
Chocolate Slice Banoffee Pie Fruit Slice Peaches with Homemade granola & Yoghurt	Apple and Blackberry Pie served with Custard Apple Cracknell served with Custard Banana and Berry Cobbler served with Custard Peach Shortcake Crumble served with Custard Pear Upside Down Cake served with Custard Summer Berry & Peach Oaty Crumble served with Custard Apple and Cinnamon Strudel served with Custard
Cold Desserts	Warm Desserts
Selected from the following	
Vanilla Ice Cream Chocolate Ice Cream Strawberry Ice Cream Raspberry Ripple Blueberry Frozen Yoghurt Mango Frozen Yoghurt Strawberry Frozen Yoghurt Secret Brownie Carrot & Banana Slice Vanilla and Blueberry Blondie Raspberry Yoghurt Cake Peach Slice	Lemon Drizzle Cake Banana Marble Cake Baked Orange and Vanilla Rice Pudding

	Counter one	Jackets	Pizza & Pasta	Hot Snacks	Paninis, Subs, Toasties & Baguettes	Sandwiches	Salad
MON	Topped Mac N Cheese (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower (V) ) with Sweetcorn	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad
TUE	Beef Lasagne or Vegetable Lasagne served with Garlic & Herb Bread & Coleslaw	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad
WED	Roast Pork with Stuffing & Apple or Sweet Potato & Chickpea Roast (V) with Roast Potatoes, Carrots, Cabbage and Gravy  Roast Pork Yorkie Wrap	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad
THUR	Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces Or Blackeye Bean Veggie Burger (V) with Fajita Wedges and Corn Slaw	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad
FRI	Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll (V) with Chips, Baked Beans and Peas	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad

# THIS WEEK'S

# Eats

Week Three

Everyday faves!

	<b>Healthy Snacks and Bakery Served Daily</b>
<b>Healthy Snacks</b>	Fruit Salad Pot Pineapple Pot Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Houmous Carrot Sticks with Houmous
<b>Bakery</b>	Oat Cookie Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle

Desserts – hot and cold options	
Cold Fruit Based Desserts	Warm Fruit Based Desserts
Fruit Based Desserts selected from the following:	Fruit Based Desserts selected from the following:
Chocolate Slice Banoffee Pie Fruit Slice Peaches with Homemade granola & Yoghurt	Apple and Blackberry Pie served with Custard Apple Cracknell served with Custard Banana and Berry Cobbler served with Custard Peach Shortcake Crumble served with Custard Pear Upside Down Cake served with Custard Summer Berry & Peach Oaty Crumble served with Custard Apple and Cinnamon Strudel served with Custard
Cold Desserts	Warm Desserts
Selected from the following	
Vanilla Ice Cream Chocolate Ice Cream Strawberry Ice Cream Raspberry Ripple Blueberry Frozen Yoghurt Mango Frozen Yoghurt Strawberry Frozen Yoghurt Secret Brownie Carrot & Banana Slice Vanilla and Blueberry Blondie Raspberry Yoghurt Cake Peach Slice	Lemon Drizzle Cake Banana Marble Cake Baked Orange and Vanilla Rice Pudding

		Jackets	Pizza & Pasta	Hot Snacks	Paninis, Subs, Toasties & Baguettes	Sandwiches	Salad
<b>MON</b>	Pulled Beef Burrito or <b>Vegan Burrito (V)</b> with Sweetcorn	Baked beans (V)	Beef Bolognese		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad
		Cheese (V)	Herby Tomato Pasta (V)				Tuna and Sweetcorn Pasta Salad
		Tuna Mayo	Carbonara Pasta				
		Bolognese	Margherita Pizza (V)				
<b>TUE</b>	Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces Or <b>Blackeye Bean Veggie Burger (V)</b> with Chipotle Wedges and Corn Slaw	Baked beans (V)	Beef Bolognese	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad
		Cheese (V)	Herby Tomato Pasta (V)				Tuna and Sweetcorn Pasta Salad
		Tuna Mayo	Carbonara Pasta				
		Bolognese	Margherita Pizza (V)				
<b>WED</b>	Roast Gammon or Cheesy Veg Pie (V) with Roast Potatoes, Carrots, Cabbage and Gravy	Baked beans (V)	Beef Bolognese		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad
		Cheese (V)	Herby Tomato Pasta (V)				Tuna and Sweetcorn Pasta Salad
		Tuna Mayo	Carbonara Pasta				
		Bolognese	Margherita Pizza (V)				
<b>THUR</b>	Thai Red Chicken Curry or <b>Vegan Thai Green Vegetable Curry (V)</b> and Wholegrain Rice with Lime Spiced Sweetcorn	Baked beans (V)	Beef Bolognese	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad
		Cheese (V)	Herby Tomato Pasta (V)				Tuna and Sweetcorn Pasta Salad
		Tuna Mayo	Carbonara Pasta				
		Bolognese	Margherita Pizza (V)				
<b>FRI</b>	Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or Dirty Fries (V) with Coleslaw	Baked beans (V)	Beef Bolognese		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad
		Cheese (V)	Herby Tomato Pasta (V)				Tuna and Sweetcorn Pasta Salad
		Tuna Mayo	Carbonara Pasta				
		Bolognese	Margherita Pizza (V)				

# THIS WEEK'S MMB Eats

Everyday faves!

FOOD UNION  
BY CHARTWELLS

Week 1,2 & 3

	Hot Breakfast	Bagel & Toast Station	Bircher & Porridge	Cereal	Paninis, Subs, Toasties & Baguettes	Sandwiches	Pizza
<b>MON</b>	Bacon Baguette	Ham and Cheese Bagel	Bircher Muesli Strawberry	Corn Flakes	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sandwich fillings everyday!	Margherita Pizza (V)
	Bacon and Egg English Muffin	Banana & Honey Bagel	Porridge	Rice Crispies			
	Quorn Pattie, Cheese and Egg English Muffin (V)	Toast with Spread	Porridge Topper - Sultanas	Weetabix			
	Bacon Bap	Toasted Crumpet with Spread					
<b>TUE</b>	Bacon Baguette	Toasted Bagel with Spread					
	Bacon and Egg Bap						
	Quorn Pattie, Cheese and Egg English Muffin (V)						
	Vegetarian Sausage Bap (V)						
<b>WED</b>	Bacon Baguette						
	Bacon and Egg English Muffin						
	Quorn Pattie, Cheese and Egg English Muffin (V)						
	Bacon Bap						
<b>THUR</b>	Bacon Baguette						
	Bacon and Egg Bap						
	Quorn Pattie, Cheese and Egg English Muffin (V)						
	Vegetarian Sausage Bap (V)						
<b>FRI</b>	Bacon Baguette						
	Bacon and Egg English Muffin						
	Quorn Pattie, Cheese and Egg English Muffin (V)						
	Bacon Bap						